

# Charvil Village News

Winter 2018/19



[www.charvil.com](http://www.charvil.com)



**Inside this issue:** Charvil welcomes two new Parish Councillors....



# Are You Paying Too Much For Your Medical Insurance?

## Independent And FREE Advice For All Individual & Company Members

- **Switch to an alternative scheme** – If you are currently insured, switching to a competitor can mean ***substantially lower rates***
- **Pre-existing conditions covered** – It is often possible to include pre-existing medical conditions currently covered by your existing provider
- **Improve your coverage** – We can frequently improve your cover whilst also lowering the cost of your premium
- **Complexities of different schemes** – In many cases, people are over insured – we can ensure you are covered with a scheme that meets your individual needs and requirements
- **Full cover for cancer treatment** – Many policies do not cover cancer in full – we are able to advise on your current level of coverage



For further information, please call Steve Maguire at  
M&L Healthcare Solutions:-

**Tel:- 01628 945944 or 01223 881779**

Email: [steve.maguire@mlhs.co.uk](mailto:steve.maguire@mlhs.co.uk)

quoting ref: Charvil Village News

## Editor's Introduction

Compared to this time 12 months ago as I was compiling the previous Winter edition of CVN, when Charvil had already experienced its first snow and icy blasts, we have been experiencing some milder, yet damp and dreary weather in recent weeks, since the end of our glorious extended Summer. I'm not sure which I prefer.

This issue includes end of year updates from some of the Charvil-based groups, societies and charities, along with details of their plans and events for 2019. As always, we welcome any contributions to the magazine from residents relating to village life. It is an ideal way to promote your interest, group or club. Please email [bookings@charvil.com](mailto:bookings@charvil.com)

On behalf of the Parish Council, I wish you a prosperous New Year. I hope you enjoy this latest issue of Charvil Village News.

Amanda Burton, Assistant Clerk

## For all your printing needs

Our family run business has been established for over twenty years and has a client base as diverse as their requirements. Whether you're an individual or a blue chip company we can provide for all your printing needs.

- creative services • personal and company stationery
- brochures and leaflets • magazines
- promotional material • personalisation and mail-merging
- digital print for short runs and a quick turnaround
- conventional print • large format and display systems
- finishing • storage and stock management of clients' stock

For further information, please contact  
Peter (0118) 9311 488 or  
email [info@heraldgraphics.co.uk](mailto:info@heraldgraphics.co.uk)



**HERALD**  
GRAPHICS

272-274 Elgar Road Sth,  
Reading, Berks  
RG2 0BZ

## **Chairman's Foreword**

Dear Residents,

My last Foreword was written in the heat of last summer, which I am sure we all enjoyed (maybe it saved some of us a trek to the Mediterranean for our summer hols!). However, as I look out of my window now in early December I see a rather dismal and cold grey sky. However, I'm guessing that most of us are gearing-up for a Christmas break to liven things up a little.

In past Forewords I have started by updating everyone on happenings at the Parish Council. When I look back it becomes very clear that we have had quite a large turn-around of Councillors over the past 2-3 years. My last Foreword announced the resignation of two experienced Councillors and hence in the interim we received applications from three residents, two of whom have now been elected to the Council. Hence we are once again up to our full complement of ten. I take this opportunity to welcome Pat Sutlieff and Greg Elphick to the Council. New faces are always a good source of new ideas; however, continuity is also important and I really hope that we can now have a year or two with a stable team.

On the subject of Councillors, residents can find the names and contact details of all Charvil Parish Councillors on our website ([www.charvil.com](http://www.charvil.com)) or in the Village Hall on the notice board, or on any of the other Parish Council notice boards. Feel free to contact any of them if you would like to ask questions and/or request assistance on any relevant issue.

On the subject of the Parish Council website (see above), for those who have not already visited it, could I take this opportunity to encourage a quick (or maybe an extended) visit. Apart from all the usual Parish Council information such as councillor contact details, copies of council documents, activities, facilities etc, it also has details of (and links to) numerous other clubs and societies which operate within the village, plus local news and activities. To customise a phrase, "all life is there on the Charvil Parish Council website!".

One of the other issues which I have tried to review in my Forewords has been the thorny issue of 'Planning' within our area. This is always a difficult issue as most of us agree that the borough needs additional housing; however, it is human nature that everyone would like them to be built "somewhere else"! Of course, the Parish Council is not the Planning Authority; that is Wokingham Borough Council (WBC), but as a Parish Council we do have some limited input to the debate. For those who are interested, WBC will be holding 'consultations' with the public in the following local areas, and where you will be able to see all the sites which are being put forward and to provide comments on them. All events run from 7pm-9pm:

**Twyford:** Loddon Hall, Loddon Hall Road, RG10 9JA : Thursday 10 January  
**Wokingham** Town Hall, Market Place, RG40 1AS : Wednesday 16 January  
**Earley** Trinity Church, Chalfont Close, RG6 5HZ : Wednesday 6 February  
**Woodley** Oakwood Centre, Headley Road, RG5 4JZ : Tuesday 12 February

The overall exercise runs from **12 November 2018 to 15 February 2019** and all documents/details can also be found on the WBC website at [www.wokingham.gov.uk/localplanupdate](http://www.wokingham.gov.uk/localplanupdate).

In conclusion, the council continues to work for the benefit of the residents of Charvil, and councillors view each issue as it arises. However, without your input we risk misreading public opinion and/or not seeing an issue which may be key to some residents. Hence my continued plea for your thoughts and input such that we can truly represent local public opinion in the many activities which the council is involved in. It therefore only leaves me to wish everyone a very festive and peaceful Christmas and New Year.

Very best regards,

Jim Gillett – Chairman: Charvil Parish Council

# Physiotherapy

at Twyford & Wargrave GP Surgeries and Waltham St Lawrence

**Private appointments available**

**Registered with all major healthcare providers**

Book online at **[www.fitandable.co.uk](http://www.fitandable.co.uk)**

or call **01189340926**

For more information email [info@ tandable.co.uk](mailto:info@tandable.co.uk)

## Fit &Able

## **Edited Extracts from the Minutes of Parish Council Meetings**

### **Meeting held on 16th July 2018**

**Open Forum** - Derren Gray, Headmaster of the Piggott Schools, attended to discuss various issues revolving around East Park Farm. As Charvil Piggott reaches full capacity, the pressure on the rather limited green space will grow, and the headmaster wondered whether Council would be willing to let them play organised matches on the sports pitches. These would be immediately after school during the week, when no-one else is using the pitches. Council were happy with this in principle, but the school would need to liaise with the assistant clerk. Council brought up the issue of the height barriers and the safety of the present configuration of the car park. Both parties agreed that the car park was not well designed for child safety, and the height barrier does not help this because it opens outwards so any vehicle needing to open it must park on the road which is clearly dangerous. Council would like to replace the barrier with a steel one at some point but would like to do this in consultation with the school. The Chairman expressed his concern about the barriers being left open by the school when swimming lessons were on because of the traveller threat, and it was agreed that the bus or minibus would park on the rear access road, so no barriers needed to be opened. The Chairman also asked if it would be possible to add more lights to the rear of the building as some of the pavilion users feel very vulnerable at night when locking the barrier, and one suffered an attempted robbery. The headmaster agreed to check what time the lights go off, and to investigate whether more lights can be installed. The Chairman also asked if the school's CCTV covered the barriers to the front and rear of the building – the headmaster would check and come back to Council. There was a discussion around the issue of a proper school crossing – the headmaster had asked the Borough Council if a crossing could be installed on Park Lane but was told there could not. The clerk had asked if the site could be included in a list of possible sites in the Borough to get crossings near schools. This will become a higher priority when the new development opposite the school is complete. The headmaster was asked whether the Piggott School had any plans for a pre-school, and they have not, but would be happy to work with any provider if Council could find somewhere to build one. The subject of whether the school's defibrillator could be mounted on the outside of the school was discussed and the headmaster agreed to see if this were possible. It was agreed to hold a site meeting with the headmaster in September. The Chairman thanked the headmaster who left at 8.45. *Clerk's note: the headmaster informed the Chairman that more lights will be added to the rear of the school – these lights turn off at 10.30pm; the school's CCTV does not cover the barriers and the school's maintenance team could install any new height barriers, Council choose to purchase.*



**Donations**— After some discussion, it was resolved not to award the Art Club a grant, but to award S137 payments of £300 to Home-Start, £150 to Berkshire Vision and a grant of £654 to Citizen's Advice Wokingham which was carried unanimously.

**To consider the options for the Grounds Maintenance contract from September and to decide which company to use** – It was explained to Council that the present provider had been taken over and many of the team had left, so communication has become very difficult, resulting in poor quality service. The assistant clerk had been asked to source three quotations, but could only get one, which was from the contractor Council currently uses for other grounds maintenance. Council resolved to give the contract to this company on the basis that the cost was very similar to our current contractor, but that the quality of service has been proven to be of high quality already.

**Feedback from the Fete** – Cllr. Hartley reported that the fete committee had done a really good job, and CPC thanked them for their efforts. They have a fighting fund for next year and each committee member has been allocated £80 to give to a cause of their choice. Cllr Hartley has agreed to stay on the fete committee.

**Amenities** - The Chairman then wanted to bring to everyone's attention that the timetable for the Waingels Road sewer has slipped, and that there would be rolling road closures for three months once the Butts Hill Road Railway Bridge works had been completed, probably commencing in January. Thames Water are planning to take over the Network rail compound on Waingels Road and will need to remove the pinch point on a temporary basis.

### **Meeting held on 17th September 2018**

**Amenities Committee** – The clerk reported that the decision not to allow a port-a-loo at St Patrick's Recreation Ground taken at the Amenities Committee meeting had been questioned by AFC Reading, but the University as landowners are completely against the idea.

**To consider how to develop a longer-term vision for the Parish Council and related to this, to consider the draft principles for management of the East Park Farm facilities** – Cllr. Hartley suggested that Council needs to draw up a document expressing what it is aiming to do, how, and on what criteria are decisions based. Cllr. Hartley agreed to draw up such a document. The draft principles were a result of some collaboration between Cllrs Mundy and Bell, although Cllr. Bell had written them. The purpose of these was to provide a framework for future decisions. The Chairman had some minor issues with inaccuracies within the document but was more concerned about the wording of some of the principles themselves, as they were rather proscriptive. After some discussion, it was agreed that the facilities are there for all residents, not just the young, and that Council should not be held to WBC's charging structure for incumbent hirers.

It was agreed that the clerk would amend the document where necessary, so that the principles are not so proscriptive, but the general principle was sound.

**Environment** - Cllr. Andersen reported that the Tree Survey is progressing slowly. There have been a few technical issues but some trees that had not been previously been mapped have been found. It was agreed to that this should be a standing item. The PEH Chairman is to attend the Borough's Scrutiny Committee on 19th September and will bring various local issues to their attention including the overhanging plants on the roadside verge on the Old Bath Road between Twyford and Charvil, the overgrown area on the dual carriageway on the A4, and the state of the cycle track running between Charvil and Wargrave.

### **Meeting held on 15th October 2018**

**Amenities Committee** – The Village warden has removed some graffiti from the tennis court. The tennis court door needs repainting and the Village Warden will see whether he can do it, or whether we need to get a specialist decorator. There has been a complaint about noise from the hall and the assistant clerk is investigating whether noise levels are too high. There have been concerns raised about youngsters climbing on top of the youth shelter at East park Farm. It was agreed that Council would monitor the situation.

**Planning, Environment and Highways Committee-** Cllr Hartley attended the Scrutiny Committee Meeting and reported Council's concerns to the Borough and reported that the change of ownership of ISS, the grounds maintenance team, had caused a few issues, but these were settling down now. A resident had complained to the Parish Council about WBC's lack of action over a drainage issue in Kilowna Close and the clerk was asked to follow up. The clerk was asked to find out if any progress had been made regarding bottle banks. *Clerk's note: WBC are due to put some in at the layby opposite the Homestead as a trial shortly.*

**To note a report of the meeting with the headmaster of Piggott School and to approve the use of the sports pitches and tennis courts by the school in return for on-going co-operation on several issues including help with purchasing a defibrillator for East Park Farm** – It was agreed to allow the school free use of the football pitches after school for matches, the tennis courts and the sports area for sports day, providing they liaise with the assistant clerk so that the bookings are noted on the booking system to avoid any confusion. It was also approved to share the cost of a defibrillator with the school to be located at East Park Farm.

**To consider a letter sent by a resident of Park View Drive North regarding various issues arising from the use of St Patrick's Recreation Ground by AFC Reading** – the complaints were noted, and the clerk was to talk with them to see what can be done.





ZUMBA CLASSES WILL MAKE YOU SMILE, MEET NEW FRIENDS

**CLASSES RETURN WED 2<sup>ND</sup> JAN AND MON 7<sup>TH</sup> JAN 2019**

**MONDAYS:**

CHARVIL VILLAGE HALL	RG10 9TR	10:00 – 11:00
----------------------	----------	---------------

CHARVIL PIGGOTT PRIMARY	RG10 9TR	19:30 – 20:30
-------------------------	----------	---------------

**WEDNESDAYS:**

CHARVIL PIGGOTT PRIMARY	RG10 9TR	19:30 – 20:30
-------------------------	----------	---------------

smileysam@me.com



## What is it?

Scam mail is illegal mail

Scam mail targets  
the most vulnerable

Scam mail is not normal  
advertising mail.

## What to look out for

Is someone you know receiving  
a large amount of mail?

Are they sending money in  
response to this mail?

If so, they could be a target  
of scammers.

Contact: Royal Mail scam mail team on 0800 0113 466  
scam.mail@royalmail.com FREEPOST SCAM MAIL



*Clerk's note: the club had erected a sign on their match day to prohibit parking on the northern section of Park View Drive North, and this had been effective. After talking to the residents, the clerk has asked the club to continue with this signage, and to also ask people not to park on the corners as this is quite dangerous for residents.*

**Highways** - Cllr. Hartley attended the Borough's Scrutiny Committee on the Grounds Maintenance contract and reported that the take-over of the original contractors by Tivoli in May/June had led to various issues on the ground so that, combined with challenging weather conditions, there had been many complaints, which WBC had asked residents to take directly to Tivoli. One issue that came to light was that there was no Borough wide map of areas to be cut frequently and what needed to be left to encourage wildlife, and WBC intend to work on this. It was reported that penalty clauses had been invoked in some cases where performance was deemed unacceptable. Cllr. Hartley spoke at the meeting, generally in support of WBC's approach, but also raised the issues of overgrown bushes, the condition of cycle tracks and the state of the central reservation on the A4 between Charvil and Sonning.

**To decide whether to accommodate children's football use at East Park Farm, considering the usage figures and other relevant information provided by the assistant clerk** – Cllr Bell declared a personal interest in the subject of junior football but not a prejudicial interest as advised by the clerk in accordance with the Code of Conduct. This advice was given because Cllr. Bell is a parent and a coach at AFC Charvil and a friend of the Chairman of the club. By declaring a personal interest, it meant that he would be able to join any debate on this subject whereas he would not if his interest were prejudicial. He felt that the advice had been poorly timed and had not known of such advice being offered before. *Clerk's note: As such advice is generally offered outside meetings with the councillor concerned, this advice would not normally be brought to the rest of Council's attention but there have been occasions when councillors have declared an interest and have either left the room or kept silent in a debate on the relevant topic.* The Assistant Clerk had provided Council with costs and income from current usage, together with the projected income from junior football based on our current published rates, which would suggest that Council would be significantly worse off with junior football. The Chairman stated that no proper decision could be made at this point as it was clear that AFC Charvil, and possibly other local teams, may wish to come up with a proposal that would not reduce Council's income on the facility. Although this was not supposed to be a discussion on AFC Charvil,

Cllr Bell stated that they have committed to matching Council's current income, and Cllr. Andersen felt that if it would benefit local children, then it would build on the cohesive benefits that the school has brought to the community. Cllr. Bell also stated that there would still be one 11-a-side pitch available for adult teams to hire if desired. Cllr Jeffery was concerned about giving notice to clubs that have provided Council with a regular income, and putting all our eggs in one basket – if anything were to go wrong, would it be hard to re-establish adult teams in the future? Cllr. Ryatt was also concerned about the impression given by giving notice to these clubs in favour of another. Cllr. Bell said that the financial proposition would bring money to Charvil and would bring the largest youth group for Charvil youngsters back to Charvil. There was a reminder that other youth groups may have an interest in using the facilities including AFC Reading and Berkshire Elite, so it is not a decision to offer the facilities to AFC Charvil at this point but to any interested junior teams. There was a concern that the final decision needed to be made in a timely fashion to allow affected clubs to make plans for next season. There were several concerns raised about parking, as this is a greater issue with children's football than adult, and about the depreciation of the recently installed boilers as these may not be used at all if the afternoon senior teams choose to leave as they have indicated they might if junior football goes ahead. It was decided to draw up a list of questions to be put to any interested junior clubs by the Chairman of Amenities and score them so that the benefits and costs of each club could be considered. Council already knows most of the information from the existing clubs, apart from how many Charvil based players does each team have. Hopefully this information will allow Council to make an objective and informed decision. The assistant clerk reminded everyone that the existing use of the pavilion also needs to be factored in if groups would like to use the main room as well. Each club will be asked to submit a proposal by 12th Nov, in time for a final decision to be taken at the next meeting.

#### Planning Matters considered at recent Parish Council Meetings

#### **The Council had no objection to the following applications:**

- 181728     Application for the proposed erection of single storey side/rear extension following the demolition of existing conservatory at 34 Charvil House Road
- 181858     Application for the proposed erection of a single storey side/rear extension following demolition of the existing conservatory at 36, Oaklands, Beggars Hill Road

- 181466 Application for the proposed erection of a single storey rear extension following the demolition of existing conservatory plus first floor side extension to 19a Charvil House Road
- 182319 Application for the proposed conversion of existing garage loft to create habitable accommodation at 52 The Hawthorns
- 182373 Application for the proposed erection of single storey rear extension to The Shrubbery, Milestone Avenue
- 182539 Certificate of lawful development application for the proposed erection of part single, part two storey rear extension to dwelling plus part conversion of existing garage to create habitable accommodation at 20 Gingells Farm Road

**The following applications were approved by Wokingham Borough Council:**

- 181175 Application for the proposed conversion of existing residential units to 4 self-contained flats, with associated parking and amenity at 36 Park View Drive South
- 180716 Application for the erection of a three-bed detached dwelling at 111, Old Bath Road
- 181553 Application for the proposed partial erection of a single storey side extension with pitched roof following demolition of existing flat roof side extension at 34 Chiltern Drive
- 181728 Application for the proposed erection of single storey side/rear extension following the demolition of existing conservatory at 34 Charvil House Road
- 181858 Application for the proposed erection of a single storey side/rear extension following demolition of existing conservatory at Oaklands, Beggars Hill Road
- 181466 Application for the proposed erection of a single storey rear extension following the demolition of existing conservatory plus first floor side extension to 19a Charvil House Road
- 182246 Application for a Lawful Development Certificate for the proposed alterations to the rear roof elevation and a Juliet balcony on the rear elevation at 159 East Park Farm Drive

**The Following Appeal was dismissed**

- 173743 Erection of two dwellings on land to the rear of 70-72 Old Bath Road

### The Following Appeals were noted

- 173587 Application for the proposed erection of five bed dwelling at Oaklands, Beggars Hill Road
- 180224 Full Application for proposed erection of 3 X 4 bed detached dwellings with on-site parking and access off Park View Drive South on land to the rear of 35-37 Park View Drive South

**FULL DETAILS OF ALL APPLICATIONS REFERRED TO ABOVE CAN BE FOUND ON: [www.wokingham.gov.uk](http://www.wokingham.gov.uk)**

<b>Meetings of Charvil Parish Council 2019</b>	
7 January 2019	Finance Committee Meeting
14 January 2019	Planning, Environment and Highways Meeting
<b>21 January 2019</b>	<b>Full Council Meeting</b>
4 February 2019	Amenities Committee Meeting
11 February 2019	Planning, Environment and Highways Meeting
<b>18 February 2019</b>	<b>Full Council Meeting</b>
4 March 2019	Amenities Committee Meeting
11 March 2019	Planning, Environment and Highways Meeting
<b>18 March 2019</b>	<b>Full Council Meeting</b>
25 March 2019	Staffing Committee Meeting
1 April 2019	Amenities Committee Meeting
8 April 2019	Planning, Environment and Highways Meeting
<b>15 April 2019</b>	<b>Full Council Meeting</b>
MEETINGS COMMENCE <u>AT 8 pm</u> and are held in <u>THE VILLAGE HALL,</u> PARK LANE. RESIDENTS ARE WELCOME TO ATTEND THESE MEETINGS	



# Grant & Stone

*The only trade account you'll ever need!*

## READING BRANCHES

**BUILDERS MERCHANTS**

**01182 075 160**

Blanke Villa, Lambs Lane, Spencers Wood, RG7 1JB

**PLUMBERS MERCHANTS**

**01189 429 499**

Unit 17, Stadium Trade & Business Park, RG30 6BX

FREE  
DESIGN  
SERVICE



Grant & Stone  
**KITCHENS &  
BATHROOMS**



**01182 073 053**

Unit 17, Stadium Trade  
& Business Park,  
RG30 6BX

<b>Charvil Parish Councillors</b>		
Jim Gillett	Chairman of Council	969 7156
Paul Mundy	Chair of Staffing	934 5258
Claire Andersen	Environment	07500 931091
Jackie Jeffery		969 0834
Jane Hartley	Chair of Planning	07 07879 427350
Adrian Keward	Chair of Amenities	9346707
Daljit Ryatt		07951 015 713
James Bell	Chair of Finance	934 5221
Greg Elphick		926 0697
Pat Sutlieff		07788 100935
<b>Parish Council Officers</b>		
Miranda Parker	Parish Clerk	901 7719
Amanda Burton	Assistant Parish Clerk and Newsletter Editor	07850 234363

## Borough Councillors Report:

Dear Resident

I hope everyone had an amazing Summer as we now have passed Autumn and well into the Winter months. We sometimes get those lovely crystal blue skies during Winter it can be lovely just going for a walk and taking in the difference that the UK shows off its true colours during the four seasons.

## School Crossing:

Some months ago, members of WBC were in their fluorescent jackets tracking cars driving both sides in Park Lane. Traffic was being monitored in the hope of installing a Puffin Crossing (the professional name).

It became known that funds from S106 for Charvil had been diverted to Wokingham Town Centre. I pointed out to the Council this money belonged to Charvil and was not up for re-negotiating for Wokingham Town Centre!! It appears that my persistence has paid off as we have started the ball rolling for a better safety area to cross for the school.

### St Patricks/Millennium Hall:

As you are all aware the Land of St Patricks has been sold and developers are looking to build 5 x 3 bed houses. A meeting was held in December with the developer and several residents. The main concern was the lack of Parking for the number of bedrooms. I have spoken to the developer and I have asked for adjustments to be taken into consideration as it will be expected that each house will have at least two cars if not three, parking on Park Lane North cannot take place as the road is narrow.

They have agreed to look at it with this in mind. I hope to hear a review soon.

### Park View Drive South:

Due to a further property being added to the top of Park View Drive South, the PC has asked me to investigate double yellow lines as you turn left into Park View South from the Old Bath Road. I hope to receive a response soon.

### Polling Station:

The Council and I have agreed that due to St Pat's been redeveloped we will only have one polling station within Charvil, that being Charvil Village Hall.

I am aware that residents from St Patrick's, Milestone etc will not be happy about this arrangement but we are limited on public areas for a Polling Station north side of Charvil.

Dog Fouling: If you see a business or individual not clearing up, please take a photo and send on to me WBC will deal with the matter to the best of our ability.

Foster Caring: WBC have a shortfall of Foster Carers if you would be interested in fostering please contact WBC or give me a call and I can direct you to the right people to talk to.

I wish you all a Very Happy 2019.

I can be contacted on [emma.hobbs@wokingham.gov.uk](mailto:emma.hobbs@wokingham.gov.uk) or 07788 403841

Regards. Emma Hobbs

## **Twyford Policing Team Update Winter 2018**

Merry Christmas and Happy New Year from the Twyford Neighbourhood Policing Team

Thefts from motor vehicles: We are aware of thieves targeting unattended vans and work vehicles containing power tools and other high value equipment in the area. If you carry tools in a van, or know someone that does, please read our advice here:

<https://news.thamesvalley.police.uk/news/advice-issued-to-van-drivers-following-thefts-from-vehicles-bracknell-and-wokingham-332987>

Thames Valley Police has also issued advice to help motorists secure their vehicles and you can find tips to help protect your vehicle on our website here:

<https://www.thamesvalley.police.uk/cp/crime-prevention/theft-of-a-vehicle/vehicle-attracting-thieves/>

Remember to secure your vehicles all the time especially overnight. The lights may flash when pressing the fob, but please test the doors to make sure they are locked.

Ensure batteries are in good condition, anti-freeze is available and treads are good on tyres. For those who must be on the road in freezing weather, consider tyre chains and snow shovels as additions to your boot kit.

### Leave a light on and burglars in the dark

Most burglars are opportunist thieves. You can reduce the risk of becoming a victim of burglary by taking a few simple security measures to make your property less attractive during the autumn and winter months:

- When going out, remember to light up your home using timer switches or a TV simulator.
- Don't leave valuables or cash on display and store your house and car keys away from your letterbox.
- Move bins away from any side gates to prevent easy access into your property. Lock any tools away to prevent them being used to break into your home.
- Consider fitting a motion activated external light or installing a CCTV system.
- Finally, mark your valuables using a UV pen and register them on the national property register at [www.immobilise.com](http://www.immobilise.com).

For more burglary prevention advice please visit our website at [www.thamesvalley.police.uk/burglary](http://www.thamesvalley.police.uk/burglary)

Contact us:

If you believe there is a crime in progress, please call 999; otherwise please report your concerns on our website [www.thamesvalley.police.uk](http://www.thamesvalley.police.uk) or by calling 101.


Email the neighbourhood team on: [twyfordnhpt@thamesvalley.pnn.police.uk](mailto:twyfordnhpt@thamesvalley.pnn.police.uk). Please note this email address cannot be used to report crimes or for any urgent matters.

If you have information about crime or anti-social behaviour in your area but you do not want to speak to the police, you can contact Crimestoppers anonymously on 0800 555111.

To view information on your neighbourhood team you can visit the force website at: [www.thamesvalley.police.uk](http://www.thamesvalley.police.uk). You can follow us on twitter via @TVP\_Wokingham

Officers now have the ability to create and send Thames Valley Alerts instantly enabling timely updates of emerging crime patterns. This is a free service allowing you to receive crime alerts and information about where you live. To register please go to [www.thamesvalleyalert.co.uk](http://www.thamesvalleyalert.co.uk).

**WARGRAVE BALLET**  
  
**SCHOOL**  
Hilary Thomas ARAD Adv Dip.  
ROYAL BALLET SCHOOL  
Ex COVENT GARDEN DANCER  
**CLASSICAL BALLET CLASSES**  
**RAD SYLLABUS**  
Boys and Girls pre-school upwards  
CHARVIL and WARGRAVE  
0118 9403978

**Caterpillar CLUB**  
  
A playgroup for 0 to 5's  
at Charvil Village Hall  
Wednesdays (termtime)  
9.45am to 11.30am  
Toys, craft, snacks, song and chat  
£2 (£1 for each additional child)  
Under 6 months free

## **East Park Farm Sports Fields and Dog Exercising**

Dear Residents,

At a recent Amenities Committee meeting, the Amenities team reviewed a resident's complaint regarding dog fouling at the East Park Farm facilities. As several members of the Council own dogs themselves and therefore are 'pro-dog' but at the same time needing to be conscious to understand and meet the needs of those residents and users of the facilities that don't, it was agreed to kindly ask for the co-operation from the owners and dog walkers that use the East Park Farm facilities to be mindful of the following points.

The sports fields are extensively used by owners to exercise their dogs. This is owners walking their own dogs and people employed to walk several dogs at once.

We are grateful that the vast majority of owners clear up after their dogs have fouled. However, we have had a request from a local resident to ask owners not to let their dogs relieve themselves on sports fields, at the base of the goal posts and around the MUGA because this area is where children and adults pick up footballs which have come in contact with urine.

As a council, we have a duty of care to protect the public health of the community in relation to the amenities under the Council's control. Research show that in some cases with young children particularly, dog urine can be harmful. Pet urine has a large amount of ammonia present relative to humans and breathing this in can be harmful to anyone who's walking on two legs.

The problem is that, when dog urine dries, the liquid evaporates but leaves behind tiny crystals of ammonia, which are even more concentrated than before because there's no water to dilute them. In other words, the more dog urine that is left untreated, the more powerful it becomes. This is exacerbated by the fact that dogs often have a preferred 'potty spot', and if that spot isn't properly cleaned, the negative effects of the ammonia will multiply.

The ammonia won't be a problem for the average adult if it's only an occasional instance that gets cleaned up, but it can definitely cause problems for anyone that has breathing problems such as asthma or emphysema. Furthermore, children are especially susceptible since their small growing lungs aren't yet equipped to handle such threats. Since puppies are often adopted into homes of loving children, the last thing you want is for their health to be compromised by your pup's daily business.

The Council asks all walkers to please consider the sports fields are firstly that: sports fields. Dogs are welcome to run in EPF. We would ask all owners to please consider where their dog is relieving themselves.

Thank you

CPC Amenities Committee



## **Update from WBC Countryside Operations:**

The one project we have been carrying out is a wildlife project on the Heronry lake opposite the Heron on the Ford pub.



We have been trying to establish a reed bed on the site over a number of years.

The first section has taken very well and we do have a 40m section of lake margin well established with phragmites reed which have a huge value for wildlife on the site including birds such as Bitterns, and Warblers.

Because this has taken so well, we have cleared the next section of tree cover from around the lake and regraded the lake margin to allow the existing reed bed to establish this new area.

Further reeds will also be planted in this area to help with the colonisation.

The work has been carried out by local volunteers and staff of the Countryside service as well as a local digger contractor who helped with the stump removal and re-grading of the banks.

.Simon Bartlam, Countryside Officer Operations

## **CHARVIL TREE WARDENS**

Did you know Charvil has four Tree Wardens? They are Parish Councillor Claire Andersen, husband Barry Andersen, Jane Hartley (also a Parish Councillor) and myself, Sarah Swatridge. It is an entirely voluntary role.

In April we began our training with WDVTA (Wokingham District Veteran Tree Association) of which we are now members. Further training continued in August.

Initially the plan is to make a survey of all the trees in Charvil which are Veteran (big and old) or interesting and / or significant.

So far, on record, we have just over 100 trees on the data base. These are gradually being photographed, checked, measured and with a 10 digit grid reference all the information will eventually go on to the WDVTA database which is copied to The Woodland Trust, Thames Valley Environmental Records Centre and other environmental organisations.

If you wish to know whether a specific tree has a TPO (Tree Preservation Order) on it, there is a new Wokingham Borough map which identifies them. The website is [www.wokingham.gov.uk/roads-andoutdoor-maintenance/trees-hedges-and-grass-cutting/tree-preservation-orders/](http://www.wokingham.gov.uk/roads-andoutdoor-maintenance/trees-hedges-and-grass-cutting/tree-preservation-orders/)

Sarah Swatridge, Charvil Tree Warden

## Timetable of Local Clubs

WHEN	TIME	GROUP	WHERE
<b>Monday</b>	09:45 – 12:45	<b>Hawthorn Quilters</b>	Charvil Village Hall Committee Room
	10:00 – 11:00	<b>Zumba</b>	Charvil Village Hall Main Hall
	15:30 – 19:45	<b>Wargrave Ballet School</b>	Charvil Village Hall Main Hall
	17:30 – 19:00	<b>Charvil Beaver Group (2<sup>nd</sup> Group)</b>	EPF Pavilion Main Hall
	19:00 – 20:30	<b>1<sup>st</sup> Charvil Guides</b>	EPF Pavilion Main Hall
	20:00 – 21:30	<b>Charvil Music</b>	Charvil Village Hall Main Hall
<b>Tuesday</b>	09:30 – 12:00 (Every other Tues)	<b>Ferry Lane Quilters</b>	Charvil Village Hall Committee Room
	09:30 – 13:00	<b>Flower Painting Class</b>	EPF Pavilion Main Hall
	10:45 – 12:15	<b>Tapestry Choir</b>	Charvil Village Hall Main Hall
	14:00 – 16:00	<b>Short Mat Bowls</b>	Charvil Village Hall Main Hall
	14:00 – 16:00 (Every other Tues)	<b>Senior Residents Club</b>	Charvil Village Hall Committee Room
	17:45 – 19:15	<b>Charvil Beaver Group</b>	Charvil Village Hall Main Hall
	18:15 – 20:15	<b>Charvil Cubs Group</b>	EPF Pavilion Main Hall
	19:30 – 22:00 (4 <sup>th</sup> Tues)	<b>Reading Cigarette &amp; Post Card Club</b>	Charvil Village Hall Main Hall
	20:00 – 21:00	<b>Pilates</b>	Charvil Village Hall Committee Room
<b>Wednesday</b>	09.45-11.30	<b>Caterpillar Club (Toddler Club)</b>	Charvil Village Hall Main Hall
	10:00 – 13:00 (Every other Wed)	<b>Berkshire Spinners, Dyers &amp; Weavers</b>	Charvil Village Hall Committee Room
	19:00 – 21:00	<b>Short Mat Bowls</b>	Charvil Village Hall Main Hall
	19:30 – 21:30	<b>Charvil Art Group</b>	Charvil Village Hall Committee Room
	17:00 – 21:00	<b>Slimming World</b>	EPF Pavilion Main Hall

WHEN	TIME	GROUP	WHERE
Thursday	09:00 – 10:00	Pilates	Charvil Village Hall Committee Room
	10:30 – 12:30	Singing for the Brain (Alzheimer's Soc.)	Charvil Village Hall Main Hall
	14:00 – 17:00	Charvil Stitchers	Charvil Village Hall Committee Room
	17:30 – 19:00	1 <sup>st</sup> Charvil Brownies	Charvil Village Hall Main Hall
	10:15 – 13:15 (2 <sup>nd</sup> & 4 <sup>th</sup> Thur)	Berkshire Spinners, Weavers & Dyers	Charvil Village Hall Committee Room
	13:00 – 17:00 (2 <sup>nd</sup> Thur)	Sonning Flower Club	Charvil Village Hall Main Hall
	19:30 – 22:30 (1 <sup>st</sup> & 4 <sup>th</sup> Thur)	David Chambers Dance Band	Charvil Village Hall Main Hall
	19:30 – 22:30 (2 <sup>nd</sup> Thur)	Reading Cigarette & Post Card Club	Charvil Village Hall Main Hall
	19:00 – 23:00 (3 <sup>rd</sup> Thur)	Hexagon Quilters	Charvil Village Hall Main Hall
	19:45 – 21:45 (1 <sup>st</sup> Thur)	Charvil Women's Club	Charvil Village Hall Committee Room
	19:45 – 22:15 (4 <sup>th</sup> Thur)	Charvil Wine Circle	Charvil Village Hall Committee Room
Friday	09:00 – 10:00	Pilates	EPF Pavilion Main Hall
	16:45 – 18:00	1 <sup>st</sup> Charvil Rainbows	Charvil Village Hall Main Hall
	17:30 – 19:30	Windsor Higashi Karate Club	EPF Pavilion Main Hall
Saturday	09:00 – 10:00	Insanity Hit the Floor	Charvil Village Hall Main Hall
	10:30 – 12:00	GKR Karate Reading	EPF Pavilion Main Hall
	10:00 – 17:00 (3 <sup>rd</sup> Sat)	Berkshire Guild Spinners, Weavers & Dyers	Charvil Village Hall Main Hall
Sunday	09:00 – 11:00	Chess Club	EPF Pavilion Main Hall
	18:00 - 19:45	Jewel Tones	Charvil Village Hall

For further information on any of the groups listed, please contact [bookings@charvil.com](mailto:bookings@charvil.com) or call 07850 234363.



**AGE**concern

Twyford & District

**THURSDAY'S**  
**LUNCHEON CLUB**

**Held at: Age Concern Twyford**  
**Polehampton Close Twyford RG10 9RP**



**We offer a 2 course lunch**  
**including tea & coffee £6.00**

**Why not come and join us for a meal we are**  
**open every Thursday from 11.30am-2pm**

**Lunch served at 12.30pm**  
**All lunches to be booked in advance**  
**Please: ring 01189 344040**

**Services also available:**  
**Chiropody**  
**Reflexology**  
**Handy Man Service**

**Membership Fee £20.00 annually this enables you to use the**  
**Centre Services (Extra charges applicable)**



Supported by Twyford Together

Registered Charity 1163722



Working to become  
**Dementia**  
**Friendly**  
2017-2018

## **Charvil Flood Wardens**

It's now been two years since Charvil Parish Council set up their Flood Warden scheme with backing and training from Wokingham Borough Council.

Charvil has three Flood Wardens who work with the Parish Council, Wokingham Borough Council and the National Floodline Service. These Flood Wardens are unpaid volunteers who live in Charvil but are not themselves at risk of being flooded, hence are more able to help in an emergency.

In December 2016 a Flood Plan was put into place and since then the area has been monitored.

Charvil is affected by the River Thames and the River Loddon. In addition we have Old River and St Patrick's Water, not to mention numerous lakes, a ford and Charvil's Water Meadows.

The role of the Flood Warden includes:

- Monitoring water levels.
- Reporting debris to Wokingham if it is likely to cause problems blocking the flow in Charvil's waterways.
- Communicating with each other, the parish council, Wokingham Borough and the emergency services.
- Developing and maintaining the Charvil Flood Plan and implementing it in times of severe flooding.
- Co-operating with the Parish Council, the Borough Council, Floodline officials and emergency services in times of flooding.
- Alerting Wokingham Flood co-ordinators of major roads which may need to be closed during severe flooding.
- Measuring water levels and providing Wokingham with accurate information and photographs.
- Receiving and acting on Flood Alerts.

Having said all that, let's hope for enough rain but not enough to cause problems.

**Sarah Swatridge (Flood Warden)**

## **Charvil Village Society**

The very popular Race Night will be making a welcome return on Friday March 1, at the Village Hall. This is a professionally run event with 8 horse races from around the world, each with full commentary. There's a Tote for betting on the races, with monies shared between winning 'punters' and the Village Society chosen charities. Why not join us for a sociable evening of fun while supporting our worthy causes?

And ..... don't forget the Boxing day walk and January quiz!

### **Wednesday December 26, 2018: Boxing Day Walk – 10:00 am**

Meet at the Village Hall

FREE - No booking required

### **Saturday January 26, 2019: Village Quiz - 7:45 pm**

Details and bookings through Mark A'Bear - Tel: 9343918

Bring your own drinks and nibbles.

£7.00 per person

**Early booking essential**

### **Friday March 1, 2019: Race Night – 7:45 pm**

Details and bookings through Mark A'Bear - Tel: 9343918

Bring your own drinks and nibbles.

£8.00 per person (due to increased supplier costs)

**Early booking essential**

Details of the Village Society and events can be found at:

<http://www.charvil.com/clubs-and-societies/charvil-village-society/>

Please consider joining the village society committee. It isn't an onerous job, but having lost a couple of committee members recently, some additional help would spread the load. Please get in touch if you would like to join the team?

The new data protection laws mean that we can only send you event information if you 'opt-in' to our communications. Please let me know if you are willing to receive the occasional email from us, as the changes have reduced our email distribution list considerably.

Thank you for your support of the society, and don't forget to contact me and 'opt-in' to our communications.

Mark A'Bear – [markabe@btconnect.com](mailto:markabe@btconnect.com)  
Charvil Village Society



## **Charvil Village Fete 2019 – SAVE THE DATE!**

The Charvil Fete Association had their AGM in October and all members have stayed on the committee for another year. In brief the 2018 fete raised £1105 which is fantastic and the funds will be distributed in the new year to the following charities and groups as decided by members of the committee:

- Charvil Brownies
- Charvil Guides
- Toy Library – the money will be used to buy sensory toys for people with dementia
- 1<sup>st</sup> Charvil Scouting Group
- Polehampton Swimming Association
- DrugFam – a charity that supports families, friends and partners who are struggling to cope with a loved one's addiction to drugs or alcohol
- Alexander Devine Hospice
- Age Concern Centre
- Maidenhead Postnatal Support

Thank you again to everyone who attended and contributed to this year's fete. Please save the date for next year and help us make it even more of a success. The **2019** fete will be held on **7<sup>th</sup> July**, 2-6pm at The Pavillion at East Park Farm Playing Fields. We are in the process of planning all the exciting activities for next year and will be updating you in the next edition of Charvil Village News. We look forward to seeing you there.

Charvil Village Fete Association.

## **Twyford Library**

Twyford Library is currently closed for approximately 4 weeks for repair and refurbishments from November 19, 2018. Customers will be able to use online library services and other libraries in the borough. There will be updates on Social media.

**All libraries will be closing at 1pm on Monday December 24 and from 4pm on Monday December 31, 2018.**

## **Caterpillar Club**

We have had a good term and as we come to the end of this term we are looking forward to our Christmas celebrations. We start again on Wednesday, 9<sup>th</sup> January (term time only) from 9.45-11.30am at Charvil Village Hall. The group is for children 0-5 years of age with their parent/carer and costs £2 for a child and £1 for additional children. We enjoy a snack time while listening to a story and end the session with singing. Parents and carers can chat over tea, coffee and biscuits. Please do come along; it is a great way to meet local families and a chance to sit down (hopefully) while your children play. For more information visit our Facebook page [www.facebook.com/groups/CharvilCaterpillarClub](https://www.facebook.com/groups/CharvilCaterpillarClub) or call Alison on 07799491576. See you there!

## **Make a Rendezvous in The Ark**

As I write this, I'm looking forward to the Christmas Rendezvous in The Ark on 11 December. If you are retired, like me, you are eligible to join others for an excellent, subsidised lunch on the second and fourth Tuesday of every month provided by the Rendezvous in The Ark initiative launched by St Andrew's Church on 13 November.

The need for such a local 'club' of this type in Charvil, Sonning, Sonning Eye, and the neighbouring areas, has been evident for many years – if you have ever attended the annual Charvil Tea Party organised so well by the Charvil Village Society each year when around 100 elderly folk meet socially, then you will know only too well that there are many people in our locality who could benefit from meeting each other more regularly in a friendly, comfortable environment for a chat over a good meal. Loneliness is one of the biggest issues in this country and it is a social problem that is only going to grow unless more opportunities to bring people together in safety and comfort are created. This was one of the prime reasons St Andrew's Church made the huge investment in creating The Ark, a building that, as well as being used for members of the church, is also there to serve the needs of the community.

In the short time The Ark has been open, it has already become well used by children and families, and now, through The Rendezvous Club, by the elderly. Each of the five lunches held so far have catered for about 60 people from Charvil, Sonning, Sonning Eye, and neighbouring areas. Bookings for the Christmas Rendezvous in The Ark are, at the time of writing, heading towards the maximum number of 80 people!

You need to book by the Thursday of the week before the lunch is held so the caterers, Emma's Kitchen of Twyford, can buy and prepare the two-course meal followed by tea or coffee, all of which is subsidised by the church. This means, if you are retired, you only pay £7.50 each per meal.

While Emma's Kitchen does the catering, there are two teams of willing volunteers from St Andrew's Church who take it in turn to set everything up, host the tables, generally help to make everyone welcome, and assist with parking for the less abled in the church carpark by the Bull Hotel. Overseeing the lunch is another volunteer, a retired senior professional catering executive who has many years of experience in managing this type of event - and there are usually three or four members of the St Andrew's Church ministry team on hand as well.

To book a Rendezvous at The Ark lunch call Hilary in the St Andrew's Parish Office on 0118 969 3298 between 9am and 1pm, Monday to Friday.

Bob Peters, Licensed Lay Minister, St Andrew's Church

## **A.D.D. Plumbing Solutions**

Heating installation, servicing  
& repairs

All domestic & commercial plumbing

Free written estimates

No job too small

Local and fully insured

References available

0118 934 4624 or 07932 072912

[www.addplumbingsolutions.co.uk](http://www.addplumbingsolutions.co.uk)



## **WESSEX TREE SERVICES LTD**

- **Contractor to Local Authorities**
- **Fully Insured**
- **Free Estimates**

• Tree Removal •  
Reduce • Reshape • Pollarding •  
Pruning • Fence Erecting •

*Contact:*

**Mr S Chesterman**

**0118 988 6860**

**07947 077184**

[wessextreeservicesltd@hotmail.co.uk](mailto:wessextreeservicesltd@hotmail.co.uk)

## Sonning CE Primary School

As a school we have enjoyed a very successful couple of weeks! Our key stage 2 spelling team won a recent event at Queen Anne's school, including Sophie in Year 5 who won an individual award.



Also our Boccia team won a festival and our school football team have been performing very well. It has been lovely to see the children achieve so well and enjoy sharing their achievements with the school.



Recently we had Anti-bullying week in school. The theme for this year was 'Respect' with children being encouraged to understand the importance of having respect for themselves and others. The children completed a wide variety of activities, culminating in workshops that explored bullying and the importance of respect. The week finished with 'Odd Clothes Day'.

The Christmas period is always very special in school. We again had a wide variety of services, activities and events planned for the children and wider school community, including the KS1 Nativity, the whole school Nativity Service at St Andrews church and Carol Singing by the choir at Sunrise Senior Living.

Work began in December to transform the Early Years Foundation Space. We hope this will give our children a wonderful learning and play environment when it is completed.



Luke Henderson, Headmaster

## **AFC Charvil:**

AFC Charvil is Charvil's FA Chartered, affordable, community, not for profit, youth football club providing fun footballing opportunity for local boys and girls from the age of 5 through to the age of 18.



The club has at least one team in each age group that play on Saturday mornings in the East Berks Football Alliance league. The EBFA league provides excellent structure for all our teams to find competition with local teams of closely matched capability meaning all of our games are fun and enjoyable for the players.

Our club was started in Charvil and the majority of our players, FA qualified coaching staff, referees and committee come from Charvil or the surrounding communities.

We are fortunate to be part of a consortium of local youth football clubs who have the facility of training at the Piggott School all weather, state of the art 3G pitches and in recent years AFC Charvil have seen a growing percentage of our player intake come from the new Charvil Piggott Primary School with whom we are working collaboratively for the benefit of the children in the Charvil community.

## **Get Involved:**

AFC Charvil welcome everyone young or old interested in football to come along and join in:

**PLAYERS:** The club continuously recruits players of all ages for squads that grow as players get older and match formats expand from 5v5 through 7v7, 9v9 up to full 11v11.

Players can come along for trial sessions free of charge throughout the season and training only subscriptions are available for those who would like to get involved but may not yet feel ready (or may not be available) for weekend games.

**CLUB STAFF:** Our club cannot operate without the fantastic contributions of our club staff. All our FA qualified coaches, managers, referees and committee members are volunteers who give their time to provide the footballing experiences for our players.

AFC Charvil invest in our club staff providing training, support and FA qualifications for all our coaches and referees without whom our games would not happen.

If you have any interest in contributing to your local community football club, in any fashion, then please do not hesitate to get in contact.

## Foundation Class Kids - Development Squad Recruitment:

During the school summer term (May to July 2019) AFC Charvil will be running free of charge taster training sessions for Foundation class kids to come along and see if they enjoy football, like our club and to give them the chance to meet potential future team mates.

We are very keen to find some new coaching staff to look after these kids and manage their team as they progress through the age groups.

From September 2019 these kids can join our AFC Charvil u6 Development squad that will spend a year training, having a few practice games and preparing to enter the EBFA league at u7 5v5 in Sep 2020.

## Sponsorship Opportunities:

AFC Charvil are committed to making football affordable for all our players, providing the lowest possible membership subscription fees and investing all our income back in to the running of our club. We are fortunate to have a number of sponsor organisations who help our teams in return for publicity, involvement with youth football and for contributing to our local community.

If you or your contacts would be interested in sponsoring AFC Charvil then please get in touch to learn about our sponsorship packages for the 2019/20 season.

AFC Charvil can be found on facebook, at our Pitchero website or please contact [chairman@afccharvil.com](mailto:chairman@afccharvil.com).

Matt Sharp, Chairman

## THE WINDOW CLEANER

- All types of windows
- Windows inside & out
- Doors, frames & sills
- Conservatories
- All year service
- Attention to detail
- Genuine competitive prices

Using a waterfed telescopic pole system with softened de-mineralised filtered water, guaranteeing a crystal clear non-smear finish

**Call Mike on 07967 00 44 26**

for a free quote or e-mail  
[thewindowcleaner1@googlemail.com](mailto:thewindowcleaner1@googlemail.com)



Electrical Services Limited

- Domestic
- Commercial
- New Installations
- Extensions
- Fault Finding & Repairs
- Lighting
- Heating
- Testing & Inspection
- Landlords Services
- 24hr Emergency Service



0118 909 9377





## Litter Picking

You need to be more like Teddy!



Teddy picks up discarded water bottles when out on his walks. It only takes a few Teddy's (and their pet humans) to pick up one little poop bag full of litter on each walk and soon the countryside looks immaculate.

Stop and think about it for a moment. There are walks you go on where there is a depressing amount of litter everywhere. There are others where you go and you don't see a thing. What's the difference?

It's simple, dog walkers have taken it on themselves to pick up litter. No one asked them, no one gave them permission, they just did it, because they understand that the environment is not some far off place that David Attenborough sends back footage from. It's a living breathing place that starts as they step out of their front door. They know they can't wait until someone else sorts it out, so they sort it out.

Now you're going to tell me that's all very well, but you can't possibly do it yourself. So let's beat down all your objections:

1. **It would take too much time!** Limit yourself to one just one poop bag of rubbish per walk. It's not much, it only takes an extra minute, maybe two, but it builds over time. You will be amazed how quickly that starts to have a real impact. As long as you are picking it up faster than the droppers (and you will be, no matter how daunting it looks at first), you will be gaining on them.
2. **It's too dirty!** We are not picking up industrial waste here. Nearly everything you see is packaging. Bottles, cans and crisp packets. It won't hurt you. You would pick it up if it blew onto your own front lawn, so treat your walk like your front lawn. It's certainly a lot less smelly than the dog poop you are already picking up.
3. **I can't bend over after I hurt my back bungee jumping!** Then grab yourself a litter picker (cost somewhere between £5 and £10), which is a small investment for you to have a lovely clean walk and also makes it much easier to pick up litter that has gotten entangled in the bushes.
4. **I'm too posh to pick!** If the Prime Minister can do it (and Teddy) so can you!

In summary: don't wait for someone else to do something about the environment. Just do a little teeny bit each day yourself. You will feel better about your walk, better about yourselves and you will get a whole lot of loving next time you meet Teddy!



Neil & Jane Hutton, Animal Ark Pet Care

## **Jewel Tones**

The Autumn term has been a busy one for the choir. The first target was Maidenhead Music Festival in October. The girls won the Youth Choir class and were just pipped into second place in the Open Choir class by one point! Sixteen of the girls together with four adults went to the beautiful island of Jersey at the start of the half-term for a four day trip. We did three concerts – one at a Church in St Helier as guests of the Jersey Island Singers; the second was at a residential home for ladies and the third was at a Primary School. We also had time for a coach tour of the island, a visit to Jersey Zoo and shopping!

The choir are currently working towards their end of term concert on December 2<sup>nd</sup> at Norden Farm Centre for the Arts where they will be joined by ladies vocal ensemble Sapphire and a woodwind group from Maidenhead.

The next few months sees the girls preparing for a Spring concert at Norden Farm on March 17<sup>th</sup> where they will be joined by choirs from Abbey Junior School and Crossfields School. We are also planning to take part in the regional festival series of Music for Youth. The summer term ends with a concert with Sapphire and The Young Voices of Colorado at St Mary's Church, Twyford on July 5<sup>th</sup>.

We have two spaces in the choir from January so if any girls between the ages of 10 and 18 would be interested in joining, they can contact the choir's Musical Director, Suzanne Newman, on 0118 9340589 / [suzanneynewman@btinternet.com](mailto:suzanneynewman@btinternet.com)

## **Twyford and Ruscombe Horticultural Association**

We will welcome members old and new to the newly refurbished store which re-opens for business 10.00am – 11.00am on Sunday 27<sup>th</sup> January 2019.

**TRHA** is able to sell horticultural supplies and bird food at very competitive prices as we buy in bulk and all our functions are run by volunteers.

Annual Membership will be £7.00 per household, Senior Citizens £6.00, (subject to ratification). Pick up a membership form at the store or contact our Membership Secretary, Jenny Wager, on 0118 932 0127.

The AGM will be held at St Mary's Church Rooms, Station Road, Twyford on Thursday, 31<sup>st</sup> January 2019 at 8.00pm so come and meet the committee and have your say. New volunteers needed and will be welcomed to this friendly group.

Help us make Twyford bloom in 2019.



A black and white photograph of a physiotherapist in a white shirt examining a patient's shoulder. The patient is shirtless. In the background, a large window with a grid pattern is visible.

  
**PHYSIOCARE**  
BODY MANAGEMENT

- TEAM OF SPECIALIST PHYSIOTHERAPISTS
- ACCURATE DIAGNOSIS
- EXCELLENT FACILITIES

6 Church Street  
Twyford  
RG10 9DR

0118 934 4055  
[www.physiocare.co.uk](http://www.physiocare.co.uk)  
[physio@physiocare.co.uk](mailto:physio@physiocare.co.uk)



  
**PHYSIOCARE**  
FITNESS

**Join  
Our Gym**

6 Church Street      Call  
Twyford              0118  
RG10 9DR          934 4055

[www.physiocare.co.uk](http://www.physiocare.co.uk)

## **Charvil Art Group**

Charvil Art Group send you their best wishes for a Happy Christmas and a successful New Year.

We finish our term's sessions on a high after holding a very successful Exhibition on 18th November with an extremely good selection of paintings and drawings for the public to browse over. It is always amazing how good the paintings look when properly mounted and framed and says much for the efforts and talents of our members. We were delighted to have Jane Williams as our Judge this year. She spent a long time deliberating, eventually deciding on the winners. In the absence of Jim Gillett who was called away on business, we were delighted to have Bill Crane, a past Chairman and honorary member of the club to present the cups, trophies and certificates to the winners of the various categories. Our thanks go to them both for their time and good wishes.

Since the exhibition we have had a number of enquiries with new people attending our Wednesday evening sessions. So it all looks promising for 2019.

Our recent tutorial with Jane Wheaton was extremely well attended and we painted "colours in shadows", a very good evening was had by all.

We now break for the Festive season and return on 16th January to begin our programme for the new year. While we have a theme each week we also will be having five visiting tutors covering a variety of topics—it all looks great. If you're interested in joining us, whether you are new to art or have some previous experience, then why not come along and try us. We're a very friendly group of people of mixed ages all with an intent to improve our artistic talents and art appreciation.

We meet every Wednesday at Charvil Village Hall from 7.30pm to 9.30pm. Our annual subscription for the 3 terms is £30.00 (£10.00 per term) with a weekly attendance fee of £1.00 to cover the costs of tea, coffee and biscuits. Further details can be obtained from Ken on 01189690274, Hilary 01189343595 or from our Charvil Art Group website, [www.charvilartgroup.com](http://www.charvilartgroup.com)

Ken Docking

## **Reading & District Cigarette Card & Postcard Club**

October 11th at Charvil Village Hall heralded another slide show and talk by veteran member Peter Meyer on his passion for European railway trains dating from WW2 to the 21st century. It was prior to the beginning of the 21st century and afterwards that Peter made regular forays into deserted railway sidings and railway museums in Czechoslovakia, Austria, Switzerland, Hungary, and other European countries photographing the passenger, freight, and workhorse shunting engines. Many were left-overs from WW2 (American WW2 War effort), now mostly forgotten and abandoned in overgrown sidings. Fortunately, a few were recovered and restored in dedicated European railway museums.

The next meeting on October 23rd was member's talking about recent finds, Bryan Clark was the 'star turn' with the production of 4 salt glazed ceramic tall cylindrical German water bottles, approx. 12 mms diameter x 300 mms. Tall, without any closure stoppers, circa 1830?, which he discovered at his deceased father's local cottage. A path had been created by inverting 309 !!! of these rarities so that the bases formed a pathway around the cottage, most were in good condition. The Oxford Archaeological Society were amazed, and are investigating further. It is believed that they were used in the manor house, discarded and brought back to the cottage for this novel use by a former employee!

Roy Sheppard talked about the prisoner of war money used in Germany in camps in WW1, both paper notes and coins, which could only be used within the camp for minor camp shop purchases, so that it could not be used by escapees, or to bribe the guards. The money was earned by the prisoners when they undertook external work (1915 onwards). Roy's desired purchase escaped his clutches that night on e-bay, so pictures had to suffice of 'the one that got away'.

On November 27th Club chairman, Richard Howarth, gave a power point presentation entitled "Boats and Things", showing various smaller coastal and channel boats of the shipping lines that plied as passenger ships around various destinations in the UK, the Scottish lochs and islands, and across to Ireland, and nearby European ports, which also carried mail and other goods. Many of these boats were used by the War Office during WW1 for carrying troops, horses and supplies. The money that the government paid was below the actual cost price of running them to the shipping companies, and satisfactory reparation when the war ended did not happen. Advertising and correspondence cards belonging to the various companies were especially colourful and attractive with a history to tell.

The next meeting on December 13th will be the AGM followed by the Xmas party, which is always the best attended evening of the year.

Recent quarterly Club auctions have attracted the interest of some members of the public who have offered cigarette cards and postcards to sell, which are always welcomed by the Club. The next Auction will be in January, and then April 2019. If anyone has items that they would like to sell, then please ring 0118-9695155.

The Club would love to have more members of all ages, juniors especially welcome, you don't have to be a serious collector, the evenings are very sociable and varied in content, with both male and female members. More Club details are listed on the website [www.readingpostcards.com](http://www.readingpostcards.com)

Roy Sheppard (Publicity) REF. CLPUBNOV2018

# Charvil

## Singing for the Brain



### **Our Singing for the Brain sessions take place at:**

Charvil Village Hall  
Park Lane  
Charvil  
RG10 9TR

**Please join us from 10.30 - 12.00 on the following Thursday's In 2019:**

10th, 17th, 24th, 31st January

7th, 28th February

7th, 14th, 21st, 28th March

4th, 25th April

**Please note there are no sessions on 14th or 21st February or 11th & 18th April 2019**

**There is a suggested contribution of £ 1.50 per person for this service.**

**If you have any questions please get in touch**

T: 0118 9596482

E: [sue.hamblin@alzheimers.org.uk](mailto:sue.hamblin@alzheimers.org.uk)



Alzheimer's Society operates in England, Wales and Northern Ireland.  
Registered charity number 296645.

## **Sonning Floral Arrangement Society**

We are at the end of our 50<sup>th</sup> Anniversary year which has proved to be very enjoyable and entertaining. Every monthly demonstration has proved exceptional and entertaining. Our 50<sup>th</sup> Anniversary event at the Sonning Golf Club in April with a demonstration by National Demonstrator, Graham King, outstanding. Trip to Salisbury and entertained by Michael Bowyer, again a national demonstrator, equally outstanding. What more can we say. The move to Charvil Hall has certainly helped with parking and easy access.

All in all we have enjoyed a great 2018 and look forward to 2019 when we can arrange the monthly meetings. Plus a few outings, garden lunches and afternoon teas.

Come along to our monthly meeting, in the Charvil Village Hall on the second Thursday of each month commencing 2.00 pm prompt. Visitors are welcome for a small entrance fee of £5.00, which includes an enjoyable demonstration, cup of tea and a social chat. Come and join us.

## **Charvil Women's Club**

We meet at Charvil Village Hall in Park Lane on the first Thursday of each month. The meetings are very informal with a talk by a visiting speaker, a raffle and refreshments. During the year we arrange outings to places of interest and a local theatre. We pay an annual subscription of £19 with £1.50 entrance each time you come. We would welcome new members who are asked for £2.50 entrance for the first visit.

### Programme for 2019

3 <sup>rd</sup> January	'Being a Blue Tourist Guide' – Graham Horm
7 <sup>th</sup> February	'Land's End to John O'Groat'- Jaye Windmill
7 <sup>th</sup> March	'Antarctica' – Neil Stewart
4 <sup>th</sup> April	'Lord Nuffield and Nuffield Place' – Tony Boffin
2 <sup>nd</sup> May	'The Sixties' – Tony King
6 <sup>th</sup> June	'Sue Ryder' – Gemma Wise
4 <sup>th</sup> July	'The History of Estelle Lauder' – Jane Sampson
1 <sup>st</sup> August	Social Evening
5 <sup>th</sup> September	'Forty Years of Catching Smugglers' – Malcolm Nelson
3 <sup>rd</sup> October	'Georgian Cookery' – Catherine Sampson
7 <sup>th</sup> November	'Wokingham Trees' – Elaine Butler
December	To be arranged

Any queries, please contact Shirley Newman on 0118 9340589.



## Seasons greetings

AFC Reading would like to wish the residents of Charvil a Very Jolly Christmas and Happy New Year.

Now firmly established in Charvil, we're delighted with the progress our teams are making.

If you know of anyone looking to join youth football, you'd be welcome to join our training sessions. Please contact [Ethan@AFCReading.com](mailto:Ethan@AFCReading.com)

Wishing everyone a happy, healthy and prosperous 2019!

Thank-you for your continued support,  
*Ethan* (Chairperson) & *Damian* (Secretary)



<http://www.afcreading.co.uk/>



Photos: A selection of our proud teams with their trophies.

## Would you like to advertise here?

The Charvil Village News is delivered to all houses in the village.

Prices start from just £23.

3 editions per year are produced and there is a discount to put your ad in all 3 editions.

Contact: [bookings@charvil.com](mailto:bookings@charvil.com)



## Physio Matters- The Placebo effect

At the time of my physiotherapy training at Guy's Hospital (way back when!), there was little actual evidence as to the efficacy of physiotherapy. Relatively little research had been carried out but still physiotherapy was a well-respected profession and anecdotally, at least, was considered to be effective. Research was gaining pace and I was lucky enough to have my eyes opened to the concept of evidence-based practice from an early stage in my career. Whereas previously there existed the suspicion that somehow much of what we practiced was no more than placebo, nowadays all practise must be research based and we are no longer able to use any modality that does not have sufficient evidence for its efficacy.



The placebo effect is well studied but at the same time remains a bit of a mystery. The word placebo comes from the latin 'I shall please' and is associated with images of quack doctors selling dodgy cures. For most people today, placebo equates to inert sugar pills and as such not real medicine.

However research has shown us that taking a placebo can trigger the release of endorphins- the body's natural painkillers that are similar in structure to morphine. A recent study looking at the characteristics of back pain sufferers who responded best to placebo treatment found those who were most aware and open to new experiences had the most benefit. Specifically the time they spent with the doctor or therapist had a substantial effect on the outcome, with people benefitting from having longer consultation times.

We know that pain is a complex issue and research has illustrated this clearly. Humans respond differently and as practitioners we must be aware of the less tangible processes involved in care such as empathy, listening and educating, removing fear and giving one a sense of control, are as important as the 'evidence based treatment'.

Of course accurate assessment, diagnosis and appropriate treatment modalities must underpin everything that we do but I have long appreciated that the time I spend with my clients, listening to their concerns, beliefs and expectations is also invaluable. Just giving somebody with back pain a list of exercises, because the evidence tells us they will help is flawed.

The trend to cut consultation and treatment times, to just give exercise sheets, refer patients to u-tube or to somehow create a one fits all treatment plan is not helpful. Increasingly there is evidence as to the complexity and benefit of the so-called 'placebo effect' and it is imperative that we give medical practitioners the time to practise their medicine properly for the benefit of us all.

Elizabeth Jones MCSP HCPC MMACP Clinical Lead Physiotherapist at Physiocare

# Drain & Able

Independent Drainage Service

- All Blockages Attended To With No Call Out Charge
- CCTV Drainage Surveys
- Service Contracts/Planned Preventative Maintenance
- Structural Drain Repairs • No Nonsense Approach
- Health & Safety Accredited • No Subcontractors
- Employers & Public Liability Insurance
- Qualified Uniformed Engineers in Livery Vehicles



**24/7 EMERGENCY SERVICE**

**GUARANTEED ARRIVAL**

**ALL TELEPHONE CALLS  
ANSWERED PERSONALLY**

**CALL ANYTIME ON 0118 957 6244 OR 07795 598207**

**[www.drainandable.co.uk](http://www.drainandable.co.uk)**

Checkatrade.com  
Where house owners trust



City &  
Guilds



**Don't Forget for all the latest news, events  
and much more – don't forget to visit the  
website [www.charvil.com](http://www.charvil.com) or follow us on**

**Facebook or Twitter**

  
**CHARVIL  
PARISH COUNCIL**



**Mr Ranju Khurana**

BDS (Lon) MFDSRCS (Eng)  
MClinDent (Lon) MRD (Eng)  
Registered Specialist Prosthodontist  
GDC No: 74950

**Dr Anu Chadha**

BDS (Lon) MFDSRCS (Edin)  
MSc in Prosthetics (Lon)  
GDC No: 79744

Professional treatments offered:

- All routine dentistry
- Instant digital x-rays
- Cosmetic dentistry
- Dental implants
- Teeth whitening
- Stain removal
- Hygiene therapy
- Advanced dentures (Prosthetics)
- Aesthetic prosthodontics
- Children's dentistry
- Home visits
- Endodontics (root canal therapy)
- Tooth removal (simple & complex)
- Emergency appointments
- Oral cancer screening

**Call us on: 0118 940 1057**

**68A High Street, Wargrave RG10 8BY, [info@wargravedentalclinic.co.uk](mailto:info@wargravedentalclinic.co.uk)  
[www.wargravedentalclinic.co.uk](http://www.wargravedentalclinic.co.uk)**



# The Celtic Touch

Hypnobirthing

Maternity Reflexology

Pregnancy & Post Natal Massage

Placenta Remedies

Birth Preparation

Mother Blessings

[www.celtictouch.co.uk](http://www.celtictouch.co.uk) – 0118 9697461 – 07580 540342

[info@celtictouch.co.uk](mailto:info@celtictouch.co.uk)





# *Miles & Daughters*

THE FAMILY FUNERAL SERVICE

**Owned & Run By The Miles Family**  
Male & Female Funeral Directors Available  
Free Home Visits, Advice & Assistance  
24 hour caring service  
Pre-paid Funeral Plans  
Memorials



**The Old Clock House**  
Station Road  
Twyford  
Berkshire  
RG10 9NS

*"Our family serving your family"*



**0118 934 5474**



**www.milesfunerals.com**